

Child's Name:	
Parent/Guardian Name:	
Address:	
Cell Phone:	
Email:	
Date of Birth:	Age:
Gender: Female <input type="checkbox"/> Male <input type="checkbox"/>	
How were you referred to me?	
Please Choose an option: Life Coaching <input type="checkbox"/> In life coaching there is no spiritual advice or reference to religion. Christian Based Life Coaching <input type="checkbox"/> In Christian life coaching we will look at the Biblical view and use prayer and scripture to help encourage you to meet your goals.	

Life coaching can be incredibly beneficial to children; however, it is important to realize you as the child's parent/guardian are their biggest life coach. It will be important that you encourage your child/children daily to follow the steps necessary to meet his/her goals. This will include some effort on your part and possible changes in the home to meet the goals set by you and your child. You will receive details of each session, goals set, steps discussed to achieve the set goals, and any important information discussed in the session you will need to know to help empower your child.

1. Do you agree to the above information? ☐ Yes ☐ No
2. Do you give Karen Rodgers permission to talk with your child, encourage him/her, set goals, give instructions, and rewards when goals are achieved?
☐ Yes ☐ No

X _____ Date: _____
 Parent/Guardian Signature

Pre-Coaching Questionnaire for Minors

Please answer the following questions about your child.

1. What are your child's strengths?

2. What are your child's weaknesses?

3. What are some things you've tried to help motivate your child? What worked?

4. What motivates your child?

5. What areas are you wanting to address in our sessions together?

6. What are some goals you would like to see your child set and achieve over the next 3-months?

7. Is there any other information you think would be relevant to seeing your child move forward and achieve his/her goals?